



**Brooks TLC Hospital System**  
Inpatient Chemical Dependency  
845 RT 5&20 Main Road  
Irving, NY 14081



## **PLEASE REVIEW BEFORE PACKING**

### PERSONAL ITEMS:

- \_\_\_ BRING ENOUGH CLOTHES FOR 1 WEEK (there is a washer and dryer on the unit along with detergent)
- \_\_\_ PATIENTS MAY BRING SWEAT PANTS, SWEATSHIRTS AND CLOSED SHOES/SNEAKERS FOR THE EXERCISE OR RECREATIONAL GROUPS
- \_\_\_ FOR SANITARY PURPOSES, PLEASE BRING SHOWER SHOES
- \_\_\_ JOURNALS AND NOTEBOOKS ARE ACCEPTABLE
- \_\_\_ TREATMENT RELATED READING MATERIAL IS ACCEPTABLE
- \_\_\_ PAPER, ENVELOPES AND STAMPS ARE NOT NECESSARY TO BRING, THE HOSPITAL WILL PROVIDE THESE FOR YOU

### ACCEPTABLE PERSONAL ITEMS (ALCOHOL FREE ITEMS):

SOAP/BODY WASH	DENTAL ADHESIVE	CONTACT SOLUTION	DEODORANT (NO ARESOL)
SHAMPOO/CONDITIONER		GUM	TOOTHBRUSH/PASTE
HAIRBRUSH/COMB	FEMININE HYGIENE PRODUCTS		MAKE-UP
FACE CREAM/LOTION	DENTAL FLOSS	NAIL CLIPPERS	TWEEZERS
CURLING IRONS/FLAT IRON		EYE LASH CURLER	

### UNACCEPTABLE PERSONAL ITEMS: (DO NOT BRING TO TREATMENT):

ALL AEROSOLS/PUMPS	TOWEL/LINEN/PILLOWS/STUFFED ANIMALS	PICTURE FRAMES
CELL PHONES/SMART PHONES	IPODS/PADS/TABLETS/LAPTOPS	HAIR CLIPPERS
TOBACCO PRODUCTS	HEATING PADS	NAIL POLISH/REMOVER
HEAD BANDANAS/HEAD COVERINGS		

ANY QUESTIONS ABOUT WHAT TO BRING OR QUESTIONS ON THE PROGRAM IN GENERAL CAN BE ANSWERED BY CALLING 716-951-7945.